

# PLAY ON!



VOLUME 2

NATIONAL UMPIRING MAGAZINE

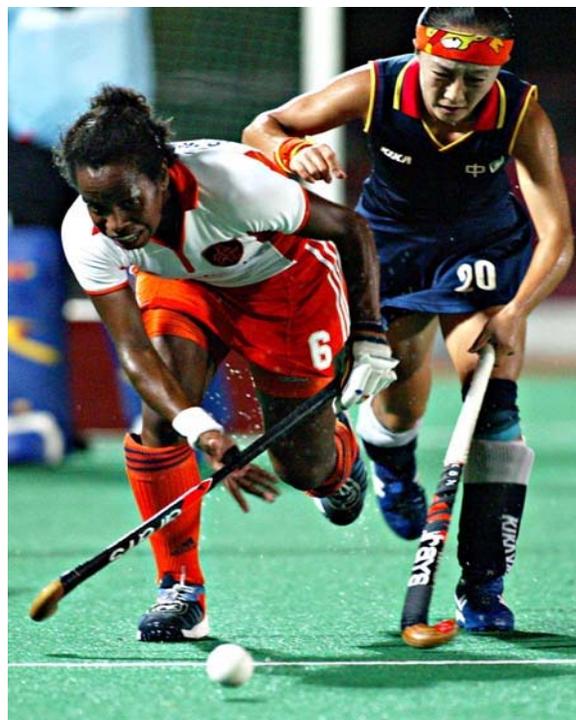
AUTUMN 2003

**PLAY ON!**

thrilled

free

## COACHING CORNER



**Play On!**

### THIS EDITION

- 1 *Coaching Corner – who should blow?*
- 2 *Experiments and Rules 2004*
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- 10 *Letters and what's coming up next*
- 11 *The funny corner*
- 12 *Confidence – building it!*

## Responses:

### Conclusion

#### TIP

*As the leading umpire, stay wide of the offence and maximise your opportunity to see at all times. Being directly ahead is like umpiring from the back of a train – you can never see through all the carriages. Get off and move to the tracks next door...angles are crucial to good vision.*

#### TIP

*This type of offence often happens and prompt judgment is essential. If the umpires have spoken about it before the game then it's simply a matter of delivering the decision as discussed but if they didn't talk about it – well, it's time they did!*

#### TIP

*Don't lose sight of 'advantage'. If the leading umpire is signalling advantage, the supporting umpire shouldn't interfere (blow*

the whistle) unless he or she feels that they have no option. Never take unnecessary risks and refrain from compromising when it comes to player safety. If a player is being tumbled or even semi-tumbled, step in and blow the whistle hard. Otherwise it's possible it'll happen again and again and again.

😊 TIP

Even if you don't have more than 10 minutes to chat with each other before the game starts – always make time to discuss who does what (and how) when it comes to offences of this nature.

😊 TIP

Next time you're sitting chatting to players, ask them to talk to you about offences from behind. They'll probably come up with a whole list. Use their information well. Put in the front of your "awareness drawer" and call on it next time it happens.

## Rules and Experiments 2004

Are **YOU** ready for them?

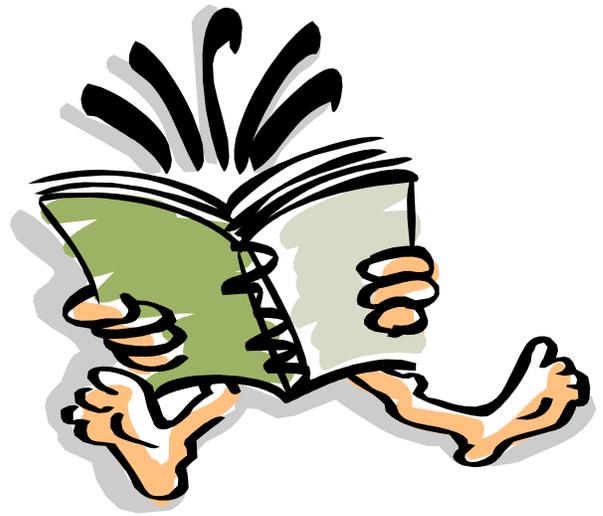


Rule 13.1.1.e

Rule 15.2.1.j

What have the calls been about?

no the ball does not need to be controlled





# INDOOR HOCKEY RULES CHANGES

not

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Officiating & Education'  
Rules'





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Trish Heberle

## “Wish list for Umpiring”

*Some of these “wishes” are arguably very specific to international hockey – however, most are not...JN*



1. **ball** lifted
2. **Deliberate stick checking**



3. **deliberate blocking**

4. **Deliberate slowing down**

**miraculously get up**



5. **Umpires Managers**

*An interesting list...thank you Trish.  
Readers - if you have any comments- write to us.  
Perhaps we could publish a “Wish list for Coaches”.*

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## Are you a short sighted umpire?



We recently received an interesting article from Elaine Spear. Elaine is a Level 3 Umpire taking appointments in the National Programme. She also (surprise, surprise) has a professional involvement in all things optical.

What I have done here is to lift some factual evidence from Elaine's article and inserted it into a hockey specific environment. I know from my own experience that a visit to the optician can sometimes be more revealing than expected...

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### A few facts...

- ☺ **50% of Olympic athletes have never had an eye test**
- ☺ **30% attend the Games with a known visual defect**
- ☺ **All international hockey umpires are required to have and confirm the results of an eye test prior to going to international tournaments**

all



# PERSONALITY

**What is it and what's does it matter?**



## Psychological Core

*What are your attitudes, values motives and beliefs in umpiring terms? Ask yourself the question and pay attention to your answer. Would others believe it of you?*

## Typical Responses

## Role Related Behaviour

## So what does this tell us?



## What was she saying?

Do you remember this?  
We asked for your suggestions.



To follow are ten of the best.

- 1 "The Rules say a soft peak."
- 2 "Look, my bunny impression is far better."
- 3 "Look, Sooty in the nude."
- 4 "This is what the player meant when he said you should be castrated for that dreadful decision."
- 5 "Twice – you are kidding, you got it wrong at least six times for goodness sake!"
- 6 "If you say women umpire coaches are useless once more, I'll put your cap somewhere it hasn't been before."
- 7 "Thanks Bruce – as always you were twice as entertaining as the players."
- 8 "If that is a hard one, I'll cut it off."
- 9 "Torch, dark room, white wall and honestly it looks just like a rabbit."
- 10 "Twice you ran faster than the players – don't do it, it embarrasses them."

**Number 8**

**Trevor Lambert**

If you would like to comment on this article, we would like to hear from you. Write to [development@englandhockey.org](mailto:development@englandhockey.org)

If you are interested in reading more about personality and all things sports psychology based, there's a fabulous new edition of *Foundations of Sport and Exercise Psychology* available now from Human Kinetics. Go to [www.humankinetics.com](http://www.humankinetics.com)

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delivered direct to your PC

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Development Services Administrator,  
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**What will be the role of the  
England Hockey  
Umpiring Committee**

**The Terms of Reference**

**Authority**

**Composition and Membership**

**Quiz time!**

**Same principle as last time – refer to page  
15 for the answers and if you  
get all of them right, it's your turn to send  
us in your selection for next time!**

**Responsibilities**

**Reporting Structure**

**Reporting through the EHUC are:**

**Meetings**

**What is he thinking?**



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*“Ha, ha, ha, ha, ha, that is the funniest decision I have ever seen!”*

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**The funny corner**

**forgetting**

**next weekend**

# Umpire Management



**Are up to it? Take a look at the Manual.**

**Quiz time!  
ANSWERS**

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# INSURANCE for umpires



❶ club insurance

all

❷ Umpire Associations

❸ England Hockey Individual

[www.englishockey.co.uk](http://www.englishockey.co.uk)



The main thing is  
that you check it  
out and take it  
seriously.

Do not assume that  
you are suitably  
protected...

Be sure you are.



Please visit the Hockey England Website for information, chat, downloads and much more.

[www.englishockey.co.uk](http://www.englishockey.co.uk)

# Letters



**every**

*A golfer once told me, "you are only as good as your worst shot." I responded, "No, on the contrary, you are only as good as your best shot and probably a lot better."*

Today

**act confidently**

**Coming up in the next edition of**

**Play On!**



**That's it!**

**NEED**

**[www.englishhockey.co.uk](http://www.englishhockey.co.uk)**

