Rules of Hockey The International Hockey Federation®

U.S. Field Hockey Association®

Umpires' Signals









Indicate the direction with one arm raised horizontally; point downwards towards the side-line with the other







Point one arm at the corner flag nearer where the ball crossed the back-line.



umpire and cross fully-

extended arms at the

wrists above the head.

Move the hands in front of the body alternately up and down with the palms facing each other.



Point both arms horizontally towards the center of the field.



Extend an arm high from the shoulder in the direction in which the benefiting team is playing.



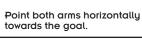


Indicate the direction with one arm raised horizontally and the open hand at face level.



5 meters distance Extend one arm straight up in the air showing an open hand with all fingers vertically with fist clinched. extended.







Obstruction (third party)



Alternately open and close crossed forearms in front' of the chest.

Ball not stopped at penalty corner



Make a rolling movement with the hand.



Slightly raise a leg and touch it near the foot or ankle with the hand.



Hold palms horizontally in front of the body, facing and approximately 150 mm from each other.

